

# Rahab

Rahab's story can be found in: Joshua 2

The woman at the well's story can be found in: Matthew 4

*Salmon the father of Boaz, whose mother was Rahab, Boaz the father of Obed, whose mother was Ruth, Obed the father of Jesse, and Jesse the father of King David.* Matthew 1:5 (ESV)

*I sought the Lord, and he answered me and delivered me from all my fears.* Psalm 34:4 (ESV)

## 1. The Damage Fear Does

- It paralyzes potential

*On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you."* John 20:19 (ESV)

- It ruins relationships

[Adam] *...And he said, "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself."* Genesis 3:10 (ESV)

- It hinders happiness

*Anxiety in a man's heart weighs him down, but a good word makes him glad.* Proverbs 12:25 (ESV)

[David] *I am worn out by my worries.* Psalm 55:2 (GN)

- It sabotages success

[Job] *For the thing that I fear comes upon me, and what I dread befalls me.* Job 3:25 (ESV)

## 2. The Three Antidotes To Fear

- Truth

*"You will know the truth and the truth will set you free."* John 8:32 (ESV)

False

Evidence

Appearing

Real

- Love

*There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.* 1 John 4:18 (ESV)

- Faith

*In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one..* Ephesians 6:16 (ESV)

*Above all be sure to take faith as your shield, for it can quench every burning missile the enemy hurls at you.* Ephesians 6:16 (Ph)

*When I am afraid, I will put my confidence in God. Yes, I will trust the promises of God.* Psalm 56:3 (LB)

God, I know you know my past. You know my past mistakes, my past failures, my past successes. You know everything about me. I know that you want to adopt me into your family. I know that you have a plan for me and that you want to use me. I want to walk past the fear of my past in order to walk in the joy of your presence. So today I am handing the fear of

\_\_\_\_\_, and \_\_\_\_\_, and \_\_\_\_\_, and \_\_\_\_\_ over to you.