

# Discouragement

*And let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up.*  
Galatians 6:9 (TLB)

## God's Remedy for Discouragement is Hope

- **Hope Renews Me**

*...those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.*  
Isaiah 40:31 (NIV)

- **Hope Refocuses Me**

*We had great burdens there that were beyond our own strength. We even gave up hope of living. But this happened so we would not trust in ourselves but in God.*  
2 Corinthians 1:8-9 (NCV)

- **Hope Reassures Me**

*So be truly glad! There is wonderful joy ahead, even though the going is rough for a while down here.*  
1 Peter 1:6 (TLB)

## Hope Rises When I...

### 1. Remember God's Truth

*I told you these things so that you can have peace in me. In this world you will have trouble, but be brave! I have defeated the world.*  
John 16:33 (NCV)

*We can rejoice, too, when we run into problems and trials, for we know that they are good for us—they help us learn to be patient.*  
Romans 5:3 (LB)

### 2. Remember God's Promises

*The Scriptures give us patience and encouragement so that we can have hope.*  
Romans 15:4 (NCV)

*...we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character, and character, hope.*  
Romans 5:4 (NIV)

*The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.*  
Deuteronomy 31:8 (NIV)

*I'm convinced that God, who began this good work in you, will carry it through to completion on the day of Christ Jesus.*  
Philippians 1:6 (GWT)

### 3. Trust God's Timing

*...if we must keep trusting God for something that hasn't happened yet, it teaches us to wait patiently and confidently.*  
Romans 8:25 (TLB)

*Don't try to squirm out of your problems. For when your patience is finally in full bloom, then you will be ready for anything, strong in character, full and complete.*  
James 1:4 (TLB)

### 4. Am Alive in Christ

*In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead...*  
1 Peter 1:3 (NIV)

*But as many as received Him, to them He gave the right to become children of God, even to those who believe in His name, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.*  
John 1:12-13

*But I have hope when I think of this: The Lord's love never ends His mercies never stop.*  
Lamentations 3:21-22 (NCV)

*...those who hope in Me will not be disappointed.*  
Isaiah 49:23 (NIV)

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*...This is what the LORD says to you: "Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God's."*  
2 Chronicles 20:15 (NIV)