

Experiences

Releasing My Experiences

[God's] hands shaped me and made me.

Job 10:8

S.H.A.P.E.

S Spiritual Gifts

H Heart Passion

A Abilities

P Personality

E Experiences

1. Experiences that SHAPE me...

- **Family/Relational**
- **Educational**
- **Spiritual**
- **Vocational**
- **Painful**

You intended to harm me but God intended it for good.

Genesis 50:20

2. God's plan behind my experiences...

Jesus replied, "You do not realize now what I am doing, but later you will understand."

John 13:7

My experiences are...

- **Intended to teach me to trust God.**

[This happened] so we might learn to trust, not in ourselves, but in God...

2 Corinthians 1:9

- **Intended to shape my character.**

Sometimes it takes a painful experience to make us change our ways.

Proverbs 20:30

We can rejoice, too, when we run into problems and trials, for we know that they are good for us—they help us learn to be patient. And patience develops strength of character in us and helps us trust God more...

Romans 5:3-4

- **Intended to accomplish God's purpose.**

...What has happened to me has really served to advance the gospel.

Philippians 1:12

3. How to use life's experiences...

- **Study Them**

“What really happened?”

Did all your experience mean nothing at all? Surely it meant something!

Galatians 3:4

- **Understand Them**

“What can I learn from this?”

Remember what you have learned about the Lord through your experiences with him.

Deuteronomy 11:2

- **Share Them**

People learn from one another, just as iron sharpens iron.

Proverbs 27:17

“What can I learn from others?”

A warning given by an experienced person to someone willing to listen is more valuable than gold...

Proverbs 25:12

These things happened to them as examples and were written down as a warning for us...

1 Corinthians 10:11

- **Gift Them**

“How can my experiences help others?”

Encourage one another to help one another...

1 Thessalonians 5:11