

Patience means waiting until later for what you want now.

WEEK
3
K-1ST

Read Ecclesiastes 7:8

DAY
1

So Hungry

Ask an adult to help you look up Ecclesiastes 7:8. What do you think this verse has to do with our Bible story from this week? Our verse says that patience is better than pride. Esau had a lot of pride. That means that he thought he knew what was best. Esau thought that he didn't have to wait. He was hungry and so he ate. When you are feeling impatient, it can be easy to settle for something that's not best for you in the long run. Esau gave up his inheritance just for a meal!

**Dear God,
Thank you for teaching me how to be patient.
Help me to be patient in all things. Amen.**

DAY
2

Waiting for Your Reward

We know that we can miss out on some pretty big things if we don't wait patiently so let's put our patience to the test. Ask your mom or dad to help you come up with a reward if you can show some big patience this month. Flip this page over to see your very own patience chart. Every time a family member sees you showing patience, you get a check mark. Once you get 10 check marks, you get your reward!

Look for ways to show patience this week!

DAY
3

Don't Burn Your Tongue

What could you miss out on if you don't wait? God has big plans in store for you, but if you decide that you don't want to wait for His plan and you choose your own plan, then you may miss out on something big. Ask an adult if they can help you bake some cookies or brownies. What do you think this has to do with patience? We have to wait for the cookies to bake and then we have to wait for them cool or guess what? You will burn your tongue! Whether it's cookies or God's plan for your life, if you don't wait, it can cost you.

Remember God has a plan for you.

DAY
4

Impatient Eggs

What does it look like when you are impatient? Maybe you lost your temper or get mad. Ask a family member to play a game with you that is really going to test everyone's patience. It's called the spoon and egg game. Ask an adult for two spoons and two eggs. Go outside and decide on a starting line and a finish line. In order to win, you must cross the finish line without dropping your egg. Ready, set, go, but don't be impatient or you'll drop your egg!

Ask God to help you be patient.

*If you don't wait
it could cost you.*

PARENT CUE

My Patience Chart

I'm a patient person!

I was patient today!

I was patient today!

I showed patience today!

I showed patience today!

I'm a patient person!

I'm a patient person!

I was patient today!

I was patient today!

I showed patience today!

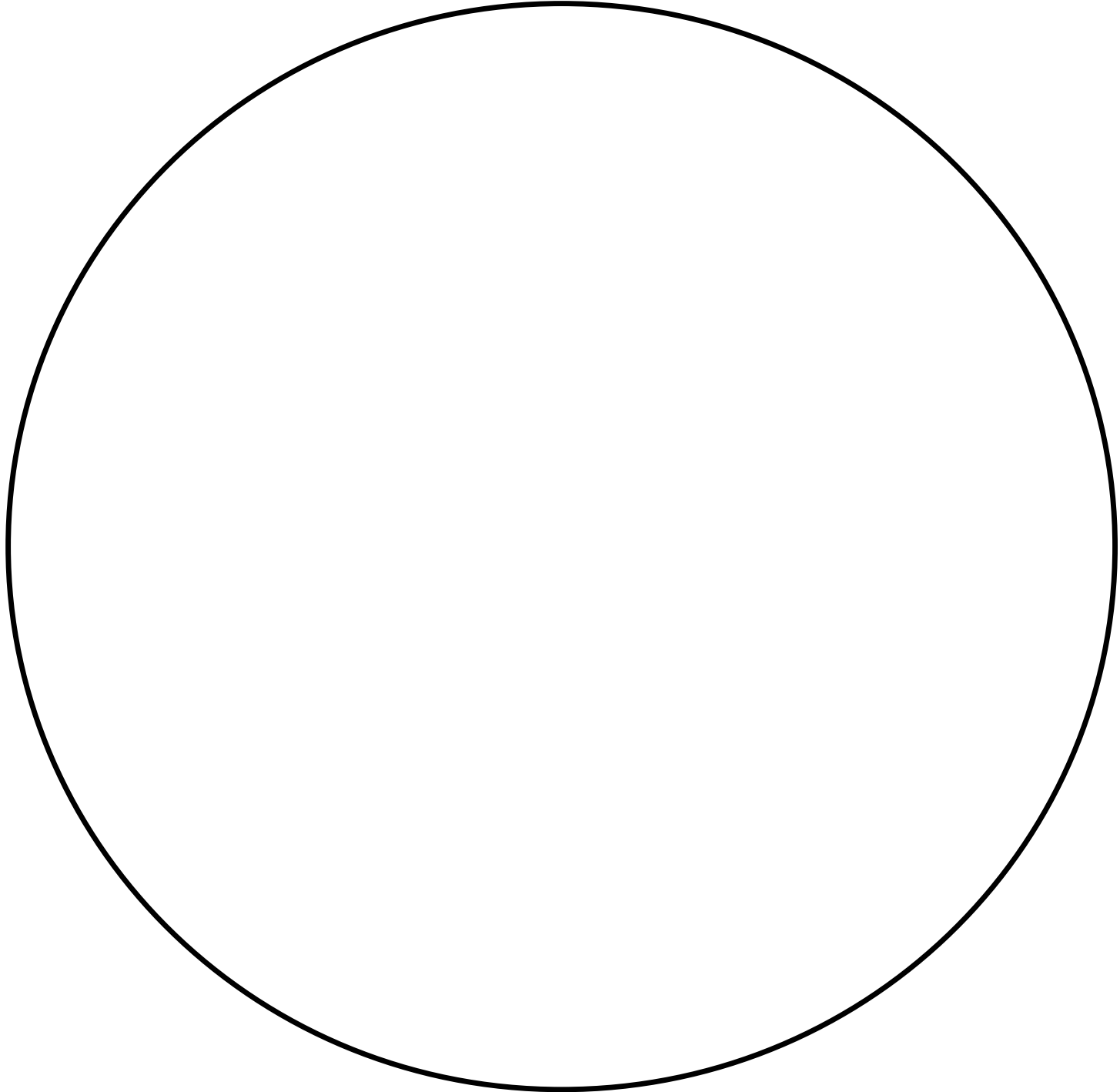
REWARD:

examples!!

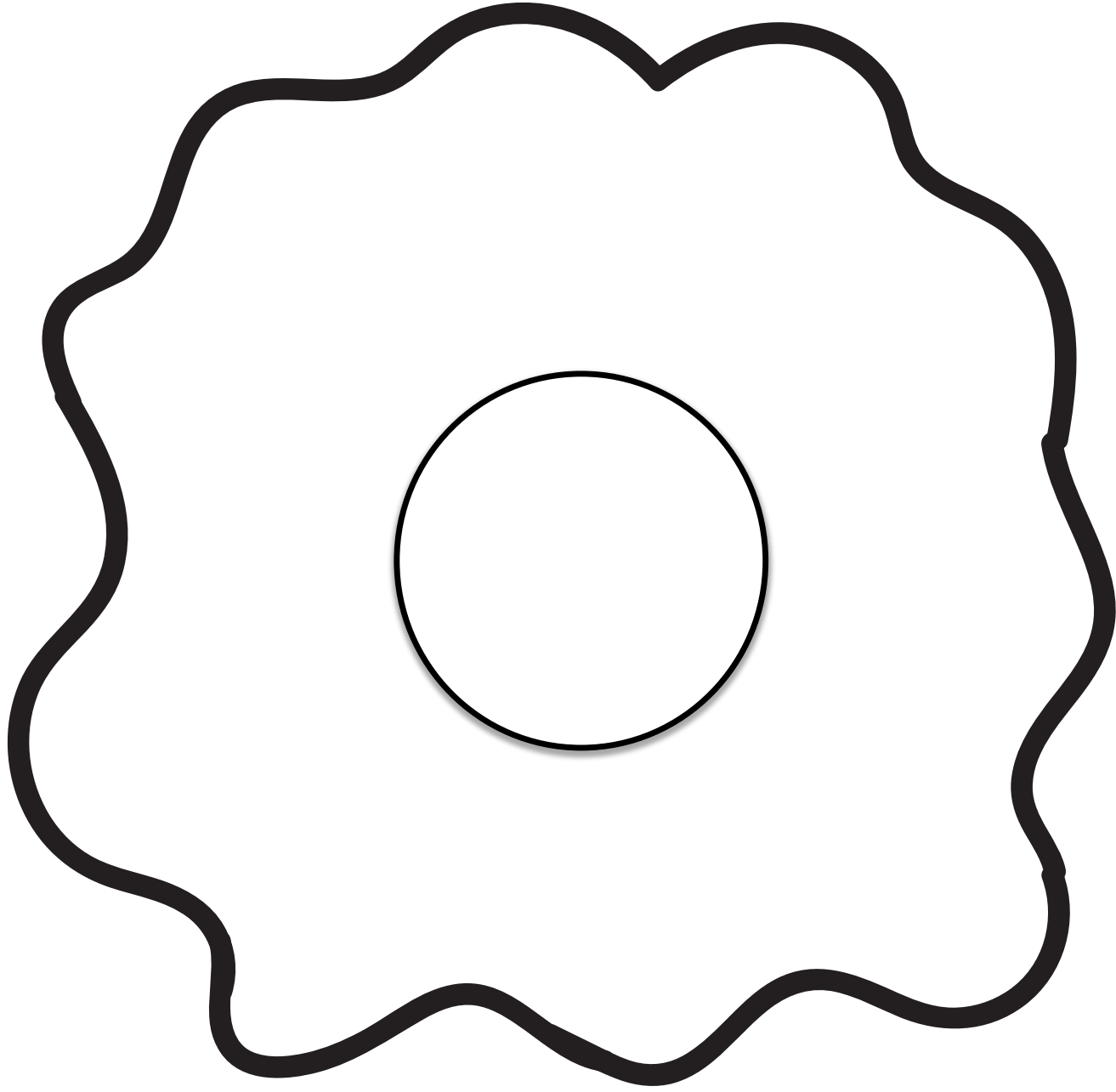
Kindness can be hard to show when we are waiting for something.
How can you be kind even when it's hard?



Donut – cream or brown paper



Icing - any color paper
(students will cut out the middle circle)



Sprinkles - any color paper
6 per student



Sprinkle kindness

Sprinkle kindness
