Patience means waiting until later

for what you want now.

Read Lamentations 3:25



Good Things

Have you ever heard the phrase, "good things come to those that wait?" Ask an adult to help you look up Lamentations 3:25. The Lord is good to those that wait for Him. That means He has good things in store for us if we can just wait! Let's pray and ask for His help!

Dear God,

Thanks for showing me how to be patient. I ask that you will help me focus on you and the good things that you have for me. Let me learn to celebrate while I wait. In Jesus' name, amen.



Celebrate It!

This month you have been learning about patience and how hard it can be to wait for something. Take a minute to think about what you are waiting for right now. Once you think of something, draw a picture of it. Maybe it's a special day, spring break, or someone that is coming to visit you soon. Now, think about how you can celebrate this while you're waiting for it to happen? Maybe you can create a countdown calendar on the back of your picture. Or you could call that special person each week until they come visit.

Remember to celebrate while you wait!

2

I'm Puzzled

Ask an adult to help you find a puzzle that your whole family can work on together. A puzzle is a great way for everyone to practice patience. While you are working on putting it together, celebrate each piece that you connect with a big, yay! That's exactly what God wants us to do when we are waiting. Instead of focusing on how long things are taking to go the way you want, refocus on Him.

Ask God to help you focus while you wait!

You can celebrate even when you're waiting.

Shake and celebrate

Let's show how much patience you have by making your very own ice cream! Ask an adult to add the following items to the shopping list: 1 Tbsp sugar, ½ cup milk or half & half, ¼ tsp vanilla, rock salt, ice, pint-sized resealable plastic bag, and quart-size resealable plastic bag. When you are ready with the ingredients follow the next steps. Put the sugar, milk, and vanilla in the pint bag and seal it very well. Put the ice, rock salt, and sealed bag of ingredients in the larger resealable bag. Note to adult: let your "patience maestro" (or child) rock, shake, roll, and toss his/ her bag gently for about five minutes until a soft ice cream forms. Be sure to celebrate while you wait for your ice cream! Open the larger bags, remove the smaller bags, and enjoy.

Thank God and celebrate while you wait!



