

Patience means waiting until later for what you want now.

WEEK
1
K-1ST

Read Psalm 27:14

DAY
1

Be Patient

Have you ever had to wait a really long time for something? Maybe you couldn't wait to go on summer vacation or for your birthday to get here. It's hard to wait, but there's good news! You don't have to wait alone. God is with you. Grab a piece of paper and rainbow write the words BE PATIENT until you fill the entire page. (It might take a while, but remember, we are learning to be patient!) Once you are done, put it in a special place to remind you that you can BE PATIENT because God is with you.

Thanks God for always being with us, even while we wait.

DAY
2

Wait For It

This month is all about patience. Patience is waiting until later for what you want now. Did you know the Bible talks about farmers and how they have to be patient when they plant their crops? It takes a while after you plant seeds for the plant to grow and make a flower or a vegetable. Ask an adult to help you get a small cup or flower pot and some dirt to plant a few seeds of your choice (sunflowers or lima beans grow fairly quickly). Place it where it can get some sunlight each day and you can patiently watch it grow all month long. When your plant finally shows itself through the dirt, let it be a reminder to you that patience can really pay off!

Remember that patience can pay off!

DAY
3

Hold It

Have someone count while you hold your breath as long as you can. Ready? 1, 2, 3. Hold it! Being patient, or waiting for something is kind of like holding your breath. It isn't always easy and it can seem like forever. When having patience seems too hard, we can always ask God to give us the strength we need to wait. Pray and ask God to help you have patience this week.

Dear God,

Thank You for always being patient with me. Help me to be patient with those around me and help me to be patient when it's not the easy thing to do. In Jesus' name, amen.

DAY
4

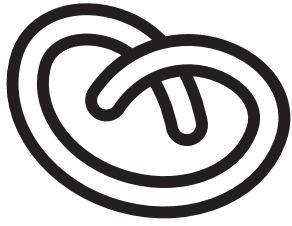
Trust and Wait

Fun fact: the Bible says the word wait over 100 times! God must have known that it would be hard for us to wait. It seems easier for us to trust that God will keep us safe and healthy rather than waiting for things to happen. Ask an adult to help you look up Psalm 27:14 and read it out loud. Write this verse on the mirror in your bathroom with a dry erase marker so you can remember it.

Look for ways to be patient.

*When you have to wait,
remember God is with you.*

PARENT CUE

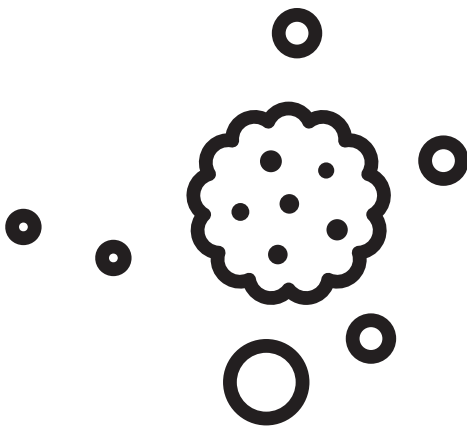


**Dear God, when I
have to wait for**



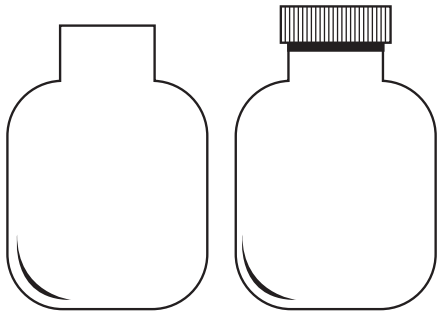
**help me remember
that You are with**

me.



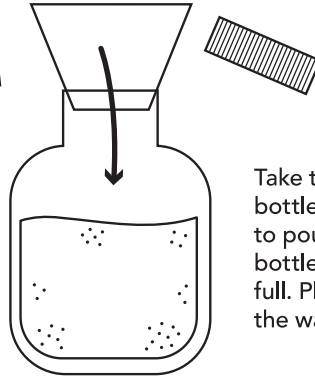
"Time for Patience"

1



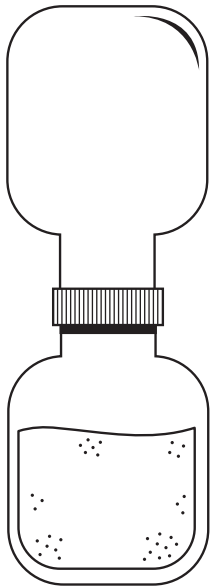
Give each kid two mini water bottles. (One bottle should have a cap with a small hole and the other bottle should not have a cap.)

2



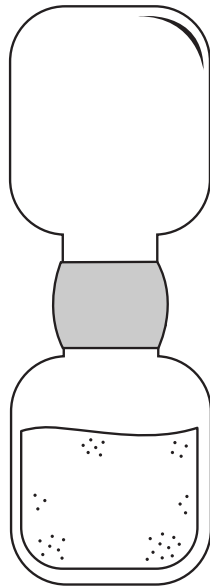
Take the cap off of the bottle and use the funnel to pour sand into the bottle until it is about $\frac{3}{4}$ full. Place the cap back on the water bottle.

3



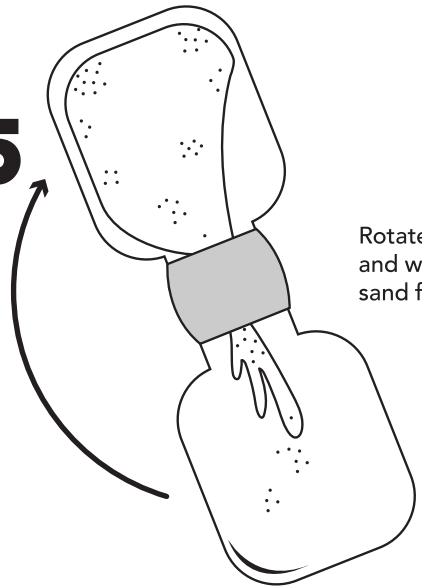
Place the second, empty water bottle on top of the first so the mouth piece touches the cap (with hole) of the water bottle with the sand in it.

4



Secure the bottles together with duct tape. (Make sure the mouth pieces are lined up as closely as possible.)

5



Rotate the timer and watch the sand flow down.