

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Lined writing area with 15 horizontal lines for journaling.



CONFIDENCE

LEARNING TO SEE YOURSELF THE WAY GOD SEES YOU



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of the So&So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____



Day 2

Read Daniel 3

You can't say the name Shadrach without saying Meshach and Abednego, can you? Their names seem to be connected, like they go together as a set.

There are several other "sets" or lists of things in Daniel 3. As you read through Daniel 3, look for these sets and finish writing them below. And any time you see a repeat of a list, make a tally mark beside it below.

Royal rulers, _____
_____ and _____
Advisers, _____,
_____ and _____

Horns and _____
Zithers, _____,
_____ and _____
Horns, _____,
_____, _____,
_____, _____ and
other musical instruments

Robes, _____,
_____ and other clothes

Royal rulers, _____
_____, _____ and

There is a lot of repetition in this story, which makes it really memorable. But the most important thing to remember that we learn from Daniel 3 is to trust that God is always with you.

Day 3

The story of Shadrach, Meshach and Abednego teaches us something that hundreds of years later, Jesus would confirm with these words to His disciples: "And you can be sure that I am always with you, to the very end." (Matthew 28:20, NIrV)

You can trust that God is always with you. Fill in the blanks below with personal examples from your own life, and then read them out loud as a prayer of thankfulness to God.

Dear God, thank You that . . .

You are always with me when

(a situation you're scared by).

You are always with me when

(something that makes you sad).

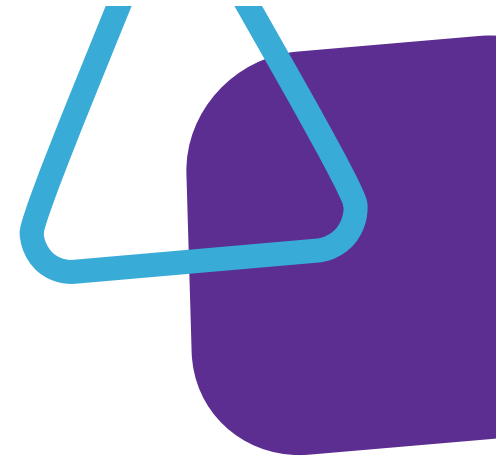
You are always with me when

(an event that brings you joy).

Day 4

One of the best ways we can trust God with our future is by remembering how He has always taken care of us in the past.

Today, take a few minutes to interview some family members and friends, reminiscing on all the ways God has taken care of you—either you personally, or your family as a whole, or just general ways you've seen God working in the world. As you remember times that it was really clear that God was with you, write down the things you remember, or you can use the voice recorder app on a device to record your conversations. Save the notes, as you'll use them tomorrow.



Day 5

Today, make a "Trust Album" (like a photo album) with the memories you talked about with your family members and friends yesterday.

Get a few sheets of paper and fold them together to make a little booklet. Then, write down the things you learned, including either hand-drawn illustrations or even printed photos, if you have some, creating an album of memories. Keep the album somewhere you'll see it to remind yourself that you can trust that God is always with you.