

Dig Deep: Discover what matters most



Use this guide to help your family learn
how God can help us find wisdom.

First, watch
this week's
video!

Wisdom:
finding out
what you
should do
and doing it

Memory Verse

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."
James 1:5, NIV

Bible Story

Renew Your Mind
Romans 12:2

Bottom Line

Never stop
growing in
wisdom.

Activity

Target Practice

What You Need:

Pillow, sheet of paper

What You Do:

Set up the pillow a few feet away from you. Hand the sheet of paper to your child.

Say, "Try to throw this sheet of paper and hit the pillow, without moving your feet."

After a few attempts, tell them to stop.

Say, "Now let's try changing the paper by folding it into an airplane."

Fold the sheet of paper into an airplane. Then say, "Now that the sheet of paper is changed into a plane, try to hit the pillow again from the same spot."

After a few attempts, tell them to stop.

Say, "That was a little easier, wasn't it? Now crumple the paper into a ball and throw it from the same spot."

It should be even easier for your child to hit the pillow this way.

Say, "See? Once we transformed the paper into an airplane and a ball, it was way easier to hit the target!"



Talk About the Bible Story

What does it mean when something is transformed? (*it's changed, different, new*)

According to Romans 12:2, we can live God's way when we transform or completely change our thinking. What are some ways we can do that? (*reading the Bible, praying, talking to others about God, asking questions*)

How do you want to transform your thoughts? What do you want to think about more? What do you want to think about less?

Parent: Share a way that you may have transformed your thoughts lately. Are you working on complaining less? Being more thoughtful with your words around your friends? Choosing to interact with kindness on social media?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, it's amazing how You give us Your wisdom when we need it. Help us continue to grow in Your wisdom. Help us to make wise choices, to know Your Word, and to follow the ways Jesus taught us to live. Show us how we can keep transforming and changing our thinking so we can live with Your wisdom every day. In Jesus' name we pray, amen."