

# Healthier Together

## 1. God made us so we need each other to live healthy lives.

*It is not good for man to be alone.* Genesis 2:18 NLT

*Since we are all one body in Christ, we belong to each other, and each of us needs all the others.* Romans 12:5b NLT

*Christ makes the whole body fit together perfectly. As each part does its work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.*  
Ephesians 4:16 NLT

## 2. I need others to share life with me.

*Jesus appointed twelve that they might be with him and that he might send them out...* Mark 3:14 NIV

*They spent their time learning from the apostles, and they were like family to each other. They also broke bread and prayed together.* Acts 2:42 CEV

*Open your homes to each other without complaining.* 1 Peter 4:9 GNT

*Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.* James 5:16 NLT

## 3. I need others to watch out for me.

*And look out for one another's interests, not just for your own.* Philippians 2:4 GNT

*Two are better than one... If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.* Ecclesiastes 4:9-10 NIV

*A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.*

Ecclesiastes 4:12 NLT

#### **4. I need others to suffer with me.**

*Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.*

1 Peter 3:8 NIV

*Rejoice with those who rejoice, weep with those who weep.*

Romans 12:15 ESV

## **Job 2:11-13**

#### **5. I need others to inspire me.**

*Let us think of ways to motivate one another to acts of love and good works.*

Hebrews 10:24 NLT

*Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more...*

Hebrews 10:25 GNT

*Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.*

Philippians 4:9 NIV