

# The Secret of Contentment

## The Goal: Being Content in Every Situation

*I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.*

Philippians 4:10-13

### 1. Have good partners in life.

*I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now...*

Philippians 1:3-5

### 2. Be a humble servant like Jesus.

*Have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death - even death on a cross! Therefore God exalted him to the highest place ...*

Philippians 2:5-9

### 3. Pursue Jesus and His Kingdom more than anything else.

*I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things.*

Philippians 3:8

**Matthew 6:33**

**2 Corinthians 4:17-18**

**Job 1:21**

**4. Develop a lifestyle of gratitude, trust and prayer.**

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

Philippians 4:6-7

**Romans 8:28**

**5. Focus on the good rather than dwelling on the negative.**

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things.*

Philippians 4:8

**Hebrews 12:2**