

Family Fitness

4 Signs of Healthy Relationships

1. Encouraging

You did not choose me; I chose you. And I gave you this work, to go and produce fruit. I want you to produce fruit that will last...
John 15:16-17 ICB

*A third time he said, "Simon son of John do you love me?" Peter was hurt because Jesus asked him the third time, "Do you love me?" Peter said, "Lord, you know everything; you know that I love you!" He said to him, "Feed my sheep."
John 21:17 NCV*

2. Dependable

*At about three o'clock, Jesus called out with a loud voice... "My God, my God, why have you forsaken me?"
Matthew 27:46 NLT*

*When Jesus saw his mother and the follower he loved standing nearby, he said to his mother, "Dear woman, here is your son." Then he said to the follower, "Here is your mother." From that time on, the follower took her to live in his home.
John 19:26-27 NCV*

*I will not leave you all alone like orphans; I will come back to you.
John 14:18 NCV*

3. Truthful

Peter took [Jesus] aside and told him he shouldn't say things like that. Jesus...then said to Peter very sternly, "Get away from me, Satan"... Six days later Jesus took Peter, James, and

John to the top of a mountain. No one else was there. As the men watched, Jesus' appearance changed.

Mark 8:32-33, 9:2 NLT

Simply let your "Yes" be "Yes," and your "No," "No"; anything beyond this comes from the evil one.

Matthew 5:37 NIV

I no longer call you servants, because a servant does not know what his master is doing. But I call you friends, because I have made known to you everything I heard from my Father.

John 15:15 NCV

4. Affectionate

I loved you as the Father loved me. Now remain in my love.

John 15:9 NCV

I have obeyed my Father's commands, and I remain in his love. In the same way, if you obey my commands, you will remain in my love.

John 15:10 NCV

If you love me, you will obey my commands.

John 14:15 NCV

The greatest love a person can show is to die for his friends.

John 15:13 NCV