#### Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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September 2022



## PUTTING YOUR CONFIDENCE IN SOMEONE YOU CAN DEPEND ON

### Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

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	After watching, write one thing that:	
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۱,	2. You learned:	
	3. You'd like to know:	
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FOR AN everyday faith.

#### Read Genesis 15:1-6; 18:1-15; 21:1-7

As you read through the selected passages in Genesis 15, 18 and 21, underline the following words and replace them with an emoji. You can either write them in your Bible, or if you're using a Bible app, copy and paste the text into a note and then replace the words with emojis.

Afraid	Tree	Butter
Shield	Tent	Milk
Children	Feet	Calf
Son	Food	Laugh
Stars	Bread	Baby

Abraham and Sarah had to wait a long time for God's promise to come true. Can you imagine how it felt for them to wait all those years? Draw an emoji that illustrates how you think they might have felt.

But God is always trustworthy. God promised to bless the world through Abraham's family. And God did just that! God sent Jesus to be the Savior of the world—and guess who Jesus was a descendent of? Yep—Abraham!



#### Day 3

# What is something you are currently having to trust God for?

Maybe you have a parent without a job, or you're waiting to hear if you made the team or the play. Or maybe you have a sick family member who you are asking God to heal. It can be hard to trust God when you have to wait, but the good news is that God can help with that when you ask! Fill in the blanks below with something you are having to trust God with, and pray this prayer out loud.

Dear God, thank You for being someone I can trust no matter what. I can see from the story of Abraham and Sarah, that even when I have to wait, I can trust You in the waiting. Right now, I am waiting for/to

I trust You are moving in this situation and will work things out for my good and Your glory. Please help me trust You even while I wait to see what You are doing. In Jesus' Name, I pray. Amen.

## Day 4

## Who is someone you know who has been trusting God for a long time?

It could be an older family member, your small group leader, pastor, or teacher. Pretend you are going to write their story like the story of Abraham is written in Genesis. Ask them several questions about a time they had to trust God while they waited for something big. Here are some sample questions, but you can add on your own so you get the full details.

- 1. When did you have to wait for something big?
- 2. How did you trust God even when you had to wait?
- 3. How did the situation go?

You can text or email them the questions, interview them in person, or give them a call. Then take a few minutes to write their story—either writing it by hand or typing and printing it. Keep the story some place you will be able to see and look back on—you'll add to this tomorrow, creating a small collection of reminders that you can trust God even when you have to wait.



## Day 5

## When have you had to wait for something big?

Look back at your prayer from earlier in the week. What were you asking God about? Get a sticky note—or a piece of paper and a piece of tape—and a pen, and write down what you are currently waiting on God to do and trusting God for. Then write today's date on it. Lastly, write, "Trust God even when you have to wait," at the bottom.

Hang the sticky note or paper somewhere you will see it every day.

Anytime you see the note, talk to God about the situation. Then close your prayer by saying, "God, I trust You even when I have to wait."

Do this until the situation is resolved. Keep in mind, sometimes God doesn't answer our prayers the way we wish He would, but God is always at work, and we can trust Him. When the prayer is answered, write the date on it and add it to the paper from yesterday as a reminder that even when you have to wait, you can trust God. (Hold on to both of these reminders as you'll use them again.)