

Inner Versus Outer Change

1. You have to change your thoughts in order to change your heart.

Don't be like the people of this world, but let God change the way you think. Then you will know how to do everything that is good and pleasing to him.
Romans 12:2 CEV

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.
Philippians 4:8 NLT

2. You have to change your heart in order to change your surroundings.

Luke 19:1-10 NIV

3. The Holy Spirit is working in and around you every step of the way.

But the Holy Spirit will come and help you, because the Father will send the Spirit to take my place. The Spirit will teach you everything and will remind you of what I said while I was with you.
John 14:26 CEV

And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart.
Ezekiel 36:26 NLT

Create a clean heart for me, God; put a new, faithful spirit deep inside me!

Psalm 51:10 CEB

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Galatians 5:22-23a NLT

4. You have the power and responsibility in your healing story.

Anyone who belongs to Christ is a new person. The past is forgotten, and everything is new.

2 Corinthians 5:17 CEB

5. Sometimes a physical change is needed for growth.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:6-7 NLT