

# Grit is refusing to give up when life gets hard.

## DAY 1

### Read 2 Chronicles 20:17

This month is all about GRIT – refusing to give up when life gets hard. We’ll see how Joseph and Moses in the Old Testament showed real grit when faced with some tough and sometimes scary situations.

And guess what? Grit isn’t just something we see in the Bible. You can have grit too, because God is with you! God is big and strong and always on your side when you are standing up for what is right. God will give you what you need to face life with grit.

#### A Secret Message

There’s a message hidden among all these letters below. Starting with the very first letter, cross out every other letter below. Then write the remaining letters in the spaces below to reveal it

SHEOLLYDEOTNWBPEACGAHUCSOERG  
SOBDNIMSAWPIMTIHPYWOIUO

.....  
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## DAY 2

### Read Isaiah 41:10

What do you normally do when you’re afraid? Do you hide? Do you head to the kitchen or living room to find your mom or dad or big brother?

Here’s a little secret. Everyone is afraid sometimes. So what can you do when you’re afraid? Today’s verse gives us a pretty big clue. When you’re afraid and you’re not sure what to do, remember God is on your side. God made the entire universe simply by speaking. God is powerful enough to fill the oceans and personal enough to know what you’re scared about.

When you face something scary, remember you are not alone. God is with you and will make you strong and help you to keep going, to keep showing grit. God will keep you safe.

#### Face Your Fears

Is there something you’re afraid of or worried about? Write it on a piece of paper. Then write the words of today’s verse over the fear you listed. Remember that God is with you, even when you’re afraid.



DAY 3

### Read Genesis 39:2-3

Have you ever been on a roller coaster? Because of the sharp turns, crazy drops and sudden changes of speed, some people love the thrill of riding a roller coaster. Others, not so much. Match the roller coaster terms to their definitions below.

BENTS	A series of hills where each hill is smaller than the one before
LIFT HILL	The vertical wood beams on a wooden roller coaster's structure
CAMELBACKS	Any element that reverses a train's direction.
TURNAROUND	The initial climb on a roller coaster

Joseph's life was a little bit like a roller coaster, full of twists and turns, peaks and valleys. But through all the ups and downs, Joseph knew one thing for sure – he was never alone. Joseph could keep going with grit and determination because God was on his side. Just like Joseph, you can hold on because God is with you.

(To check your answers, go to <https://bit.ly/3aAgEoi>)



DAY 4

### Read Psalm 121:5

Is it sunny outside where you are? If so, head out to stand in the sunshine and find your shadow. Did you find it? Okay, now try to outrun it!

Impossible, right? Just like you can't get away from your shadow, you can't outrun God! There isn't any place you can go that God isn't with you. Today's verse is a big reminder that God is always with you.

Find a shady spot in your yard and take a minute to pray. Think about a situation from this last week that required some grit. Did you stick with it? Or did you quit because it seemed impossible? Talk to God about what happened and thank God for being with you at all times. Ask God to help you hold on, knowing that like the shade falling over you right hand, God is with you.

Hold on because  
God is with you.