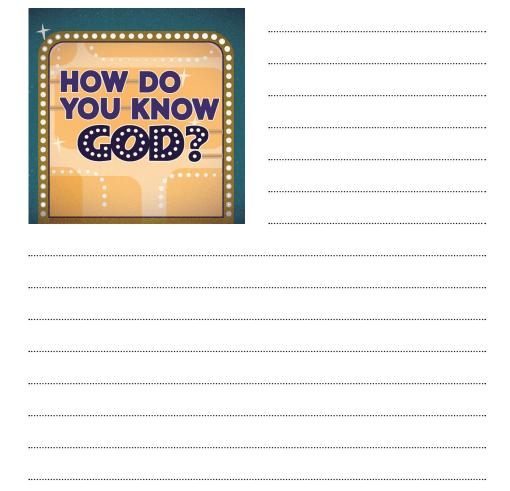
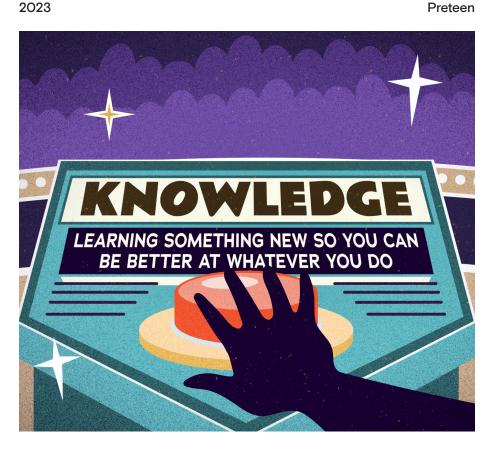
#### **Journal**

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



January \_\_\_\_\_



## Day 1

Go to <a href="https://bit.ly/PreteenSundaysatHome">https://bit.ly/PreteenSundaysatHome</a> and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

Week Two

1. You liked:

2. You learned:

3. You'd like to know:

#### Day 2

#### Read Luke 2:41-52

Pick one side of your room to be Nazareth and the other side to be Jerusalem. Then, read Luke 2:41-52 out loud, crossing from one place to the other, mimicking the path that Jesus' parents took back and forth.

It took a lot of effort for Jesus' parents to find Him, but of course, the effort didn't matter. Finding Jesus was the most important thing to them. And Jesus was the same way when it came to God—nothing could get in the way of Jesus learning about God and growing in wisdom.



## Day 3

Just as you walked while reading the Bible yesterday, go on a prayer walk today.

It can be inside your house, or outside, if your parent is okay with that. As you begin walking, think about the walk that Jesus took with His parents to head to Jerusalem to learn more about God and remember God's promises. Then talk to God about whatever is on your heart and mind. As you close your prayer, read this out loud to God:

God, thank You for sending Jesus to be my Savior so we could have a relationship with You that lasts forever. I know Jesus knew that knowing You was the most important thing, and I want to grow to know You more too. Please help me to learn more and more about You every day. In Jesus' Name, I pray. Amen.

#### Day 4

# Knowing God is the most important thing.

Jesus showed us a great way we can get to know God better—by spending time with people who also follow God, and by asking questions to better understand God's Word.

What questions do you have about God and faith? Write down 2-3 questions, then think of who you can talk to about these questions. It might be your Small Group Leader at church, a parent or grandparent, or a friend who has been following God for a long time.

Reach out to that person to ask if you can meet up to talk about some faith questions you have. Maybe make a plan to talk over ice cream or hot chocolate. Then share your questions with your friend and discuss—keeping in mind that not all questions about God have an answer, but we can still learn so much by talking about God!



## Day 5

#### How do you know God?

There are so many ways to get to know God! Here's a short list, but add to it anything else you can think of:

- Read your Bible
- Go to church
- Pray
- Spend time in nature
  - \_\_\_\_\_
  - \_\_\_\_\_
- \_

For each thing on the list above, plus anything you add to it, find an item that represents that activity. Gather the items into a spot where you will see them to remind you to spend time each day getting to know God better! Pick one, and get started today!