Humility is putting others first by giving up what you think you deserve.

Read: Psalm 34:8



Taste and See

Do a blind taste test with different flavor food. Blindfold yourself and taste the different foods. Try and guess what you are tasting. The other person cannot say if you are right or wrong! Once you are done, take off the blindfold and see what you tasted. When you taste and see the food you understand what you are eating.

KNOW that God can help you understand what you cannot see.



Actions Louder than Words

When you love someone, you can just tell them or you can tell them and show them. Think of someone in your home that you can show you love them. Help them understand why you love them by showing them they are special.

LOOK for ways to help others understand how much you love them by what you do.

Put others first by helping them understand.



The Lord is Good

Look up Psalm 34:8. Draw a picture of your favorite food and write your verse inside or around the food. Do this as a reminder that God is good and will keep you safe.

ASK God to help you understand that He is good.



Understood

No one knows you better than God. You can get to know God too. Ask God to help you discover more about Jesus!

"Dear God, You know me more than anyone else does. God, I pray that I can get to know Jesus more. I pray I can understand how much You love me and how I can love others in return. I pray that I can help others understand Your love for them. In Jesus' Name, Amen"

THANK God for being there to understand him more.





