

# Gratitude is letting others know you see how they've helped you.

Read: 1 Thessalonians 5:16-18

DAY

1

## Thankfulness for All to Hear

Play a game of telephone with your family. Share something that you are thankful for so that everyone can hear. Take turns going first.

**KNOW** that when others hear why you're thankful, it can make them happy.



DAY

3

## Always Thankful

With the help of a parent, look up this week's verses, 1 Thessalonians 5:16-18. Have them read the verses out loud. After each phrase, repeat what they say.

**THINK** about why you can be joyful!



DAY

2

## Shout It Out

Find a parent and take turns giving "shout outs" to each other. Start by whispering what you are thankful for about the other person. Get louder each time until you are shouting out why you are grateful for them!

**ASK** God to help you show gratitude.



DAY

4

## Thank You, God!

Let's talk to God about all that we are thankful for! Pray something like this:

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 "Dear God, Thank you for all the good you have done in my life. I pray that I can always work on being grateful for what I have. Thank you for your son, Jesus, and all that He does in my life. I love you. Amen."  
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**LOOK** for the things around you that you can be thankful for.



You always have  
something to be  
grateful for.

YOU  
ALWAYS  
have  
SOME-  
THING  
to be  
GRATEFUL  
for.