Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

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What are	
things you're	
expected	
to do? ' + +	
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January 2024 Week One Preteen



Day 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

Read Matthew 22:36-40

The religious leader who asked Jesus what the most important law was knew what he was doing. After all, there are 613 laws in the Old Testament! How in the world could Jesus narrow that down?

But Jesus knew what He was doing too—He always does. Jesus narrowed allll of the laws in the Bible to these two.

Use the passage to fill in the blank:

Love _____

Love

That's it! Everything you can and should do in life falls under these two commandments.



Day 3

Go back and read Jesus' answer to the religious leader when he asked Jesus what the most important command was (Matthew 22:37–39).

What a gift Jesus gave us by narrowing down all of the commands to **love God** and **love others.** Take a minute to thank God for sending Jesus by reading the prayer below.

Dear God, thank You for sending Jesus to be my Savior and for showing me what it looks like to follow after You. Sometimes it's hard to know what the right thing to do is, but thank You for making it simple for me—I just have to love You and love others. Help me this week to find at least one way to show love to both You and to another person. In Jesus' Name, I pray. Amen.

Day 4

What are things you're expected to do?

When most people hear the word "command" or "commandment," they probably think of the 10 Commandments. They may not know what the individual commandments are, but they do know that they exist. Here's the great news: you don't really have to know what the 10 commandments are to follow them. If you follow Jesus' command to love God and love others, you will naturally end up following all 10 of the commandments too!

Find a friend or family member to play a quick game of 10 to 2. Take turns calling out the 10 commandments from the list below to each other. The other person should immediately respond with either, "love God, or "love others." (Note that these are not listed in the same order as they are in the Bible.)

- **1.** Do not make statues of other gods to worship.
- 2. Do not steal.
- **3.** Remember the Sabbath day to keep it holy.
- **4.** Don't misuse the name of the Lord your God.
- 5. Do not murder.
- **6.** Do not be jealous or envious of what others have.
- 7. Honor your father and mother.
- **8.** Don't put any other gods in place of me.
- **9.** Keep your promises to your husband or wife.
- 10. Do not lie.



Day 5

Jesus broke all the laws in Scripture down into two simple commands: Love God and love others.

If we can just remember those two things—and do them—we will show others how much God loves them and how easy it is to follow Jesus.

Find a notebook or something else you use often throughout the day and create some word art to remind you of these most important commands. Grab a pencil plus whatever you like to use for color: crayons, markers, colored pencils...

Using the pencil first, draw the words LOVE GOD and LOVE OTHERS in block letters on the front or inside cover of the notebook—the thicker, the better. Then use the coloring supplies to make the letters colorful. You can simply color the letters in, or you can make doodles or patterns.

Every time you see these words throughout your day, think of a way you can love God or someone around you with your actions.