

Responsibility is showing you can be trusted with what is expected of you.

Read: Ephesians 4:29



DAY

1

Simon Says

Play a game of Simon Says with some friends or family. Take turns being Simon, the person who gets to give silly commands, like jump on one foot. (Remember to only move when Simon says “Simon says” before the command.) While you’re playing, if you listen to the one in charge, you will know what to do. In life, when you listen to God’s Word, you will also know what to do.

KNOW that when you follow God’s Word, you will know what to do.

DAY

3

Words That Help

This week’s verse talks about using our words to build others up. Read Ephesians 4:29 and talk with someone in your family about what you can say to build others up and what types of words bring others down.

ASK God to help you choose words to build others up.

DAY

2

Words to Build Up

With a friend, use words to build each other up. Start sitting on the ground and have one person say something nice about the other, while the other sits up a little taller. Take turns sharing kind things until each of you are standing tall!

LOOK for times you can use words to build others up!



DAY

4

Wise Words

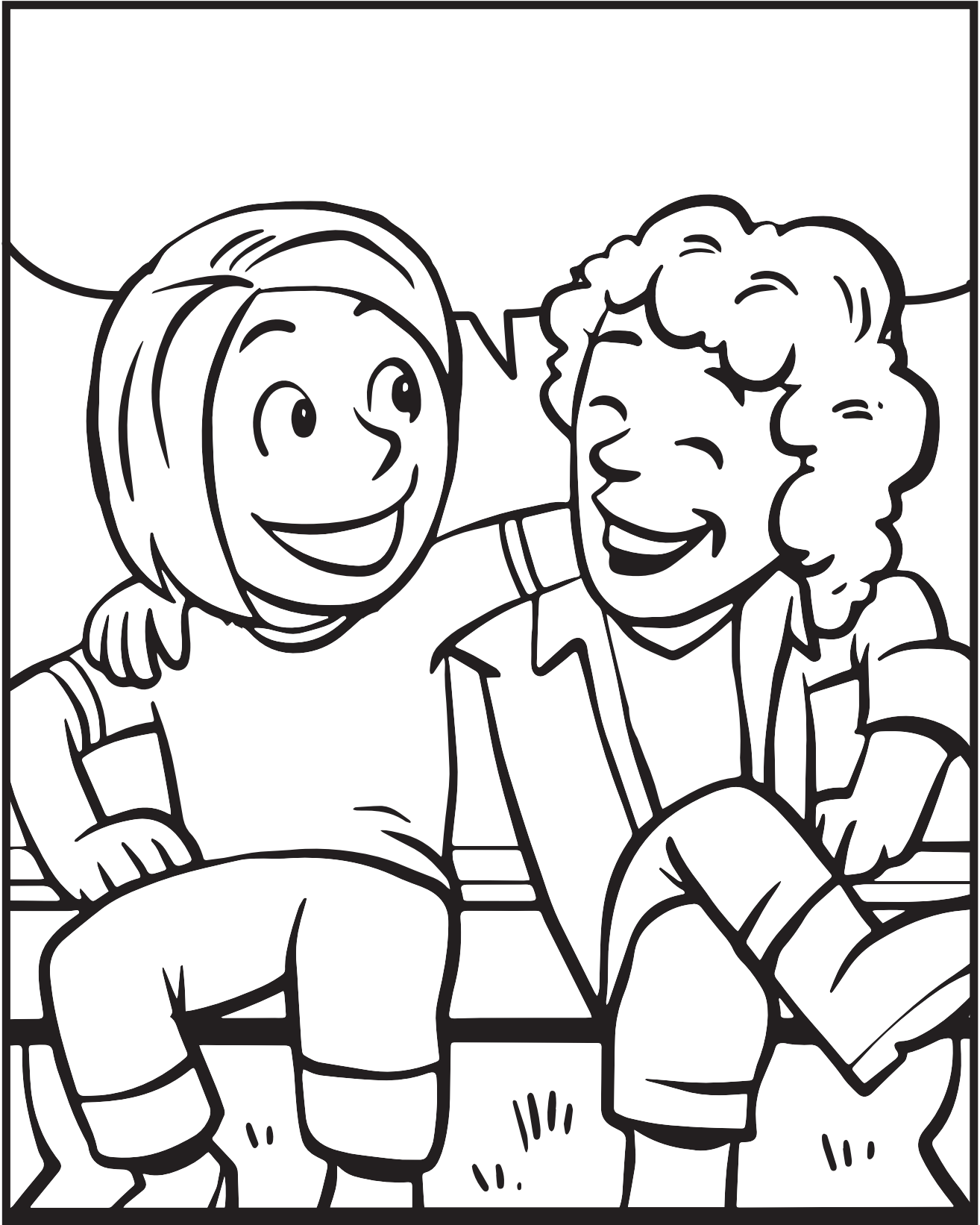
Sometimes using wise words is hard. When you have trouble thinking of the right thing to say, ask God to help. You can pray a simple prayer like the one below. Add your own words when you need them!

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 “Dear God, please help me only use my words to build others up right now. Even when it feels hard to do. Amen.”  
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THANK God for being there when you need help choosing the right words to say.



Use your words wisely.



FILL IN THE SPEECH BUBBLE WITH WORDS THAT WOULD BUILD UP A FRIEND.