

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting below the 'WHAT DOES KINDNESS LOOK LIKE?' graphic and extending across the page.



Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

Read Matthew 8:1–4, Matthew 19:13–15, Matthew 9:10–13

Match up the people in the top group with the correct verse references by writing the correlating number on the first line. Then on the second line write the letter that matches the way that Jesus showed them kindness.

People who are sick ____ ____
Tax collectors ____ ____
Babies and kids ____ ____

1. Matthew 19:13–15
2. Matthew 8:1–4
3. Matthew 9:10–13

- A. He put His hands on them and blessed them.
- B. He ate a meal with them.
- C. He healed them.

What do all these groups of people have in common?

What are some ways that we can show kindness to people who might be overlooked?

Day 3

Jesus showed us how to be kind, but even more than that. . . He sent us the Holy Spirit so when we put our trust in Jesus, we have the Spirit's help in living our lives like Jesus did.

All we have to do is ask and God will help us be kind like Jesus! Read this prayer out loud to God, asking for help in being kind.



Dear God, thank You for sending Jesus to be my Savior and to show me how to live. I want to be kind like Jesus, showing everyone around me how valuable they are. Please help me to seek out people who need to be reminded of their value and show me how I can be kind to them. In Jesus' Name, I pray. **Amen.**

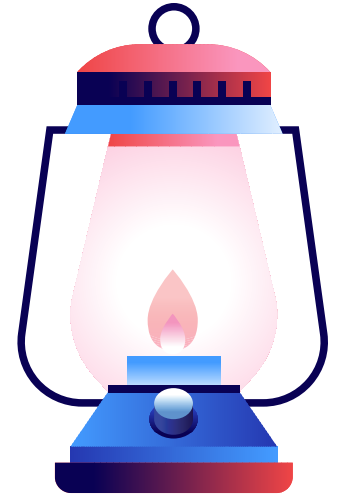
Day 4

What does kindness look like?

Grab a sheet of paper and pen and draw a line down the middle. On the top of one side, write "PEOPLE," and on the top of the other column write "AOK" (Acts of Kindness). Then all day long, ask different people these two questions, and write their answers in the appropriate column.

- ▀ Who are the people most of us interact with on a regular basis? (Not specific names, but their relationship to us, i.e., mom, brother, teacher, coach, doctor, etc.)
- ▀ What are ways we can be kind to others? (Not specific to certain people, just general ideas, i.e., bake cookies, say thank you, let them go first, etc.)

Hold on to the paper until tomorrow!



Day 5

Grab the sheet of paper from yesterday and something to write with.

For each AOK idea, draw a line to the person or people who you think would feel most valued by that act of kindness. More than one person may be paired with the same AOK. And each person may have more than one AOK.

When you've finished going through the list, circle a couple of names and pick an AOK to show them how valuable they are, then make it happen in the next day or two! Then place the paper somewhere you will remember for next week.