## Take and Eat Matthew 26:18-29

1.	Communion was <u>instituted</u> by Jesus.
2.	Communion is a time to <u>look within</u> .
3.	Communion is for those who call Jesus <u>Lord</u> .
4.	Communion is to be <u>shared</u> with others.
5.	Communion invites us to <u>remember</u> Jesus' sacrifice.