



You are seen. You are loved. And there is hope. At Crossroads, we believe that every struggle, every doubt, every habit, or heartbreak is met with hope in Jesus. No matter where you are or what you're going through, there is a path forward. Jesus offers real peace, real freedom, and real healing. The following resources were created with you in mind.

Individual Therapists

Spencer Posey

LMFT, Certified sexual addiction therapist, EMDR trained

Website: landmarkchristiancounseling.com

Insurance: No

Phone: 805-339-0223

Appointment: In-person and telehealth

Address: 3625 Thousand Oaks Blvd, #281,
Westlake Village, CA 91362

Cost: \$225 per 50-minute session; Crossroads members pay \$150 per session.

Dr. Kristen Cummins

LMFT, EdD Traumatology, Christian Life Coach

Website: kristencummins.com

Insurance: No

Phone: 805-405-3482

Appointment: In-person and telehealth video

Address: Westlake Village, CA

Cost: \$195 per session. She tries to meet people's financial needs.

Hanon Awad

LMFT

Website: counselingforchristians.com

Insurance: Yes

Phone: (805) 244-1055

Appointment: Telehealth video only

Address: N/A

Cost: \$130 per 1 hour session; Crossroads members rate is \$90 per session.

Dr. Paul Lenderman

Certified Grief Counselor & Thanatologist

Website: markministries.com

Insurance: No

Phone: (805) 245-1644

Appointment: In-person

Address: Ventura County

Cost: Flexible

Support Groups

Grief Care

Led by Dr. Paul Lenderman — certified grief counselor and thanatologist — Grief Care offers supportive sessions designed to help individuals understand personal loss and develop tools for navigating the journey of bereavement.

Website:	icrossroads.org	Day:	2nd & 4th Tuesdays of each month
Phone:	(805) 484-8586	Time:	5pm
Address:	Crossroads Church (Conference Rm A) 161 Plaza La Vista, Camarillo, CA 93010	Registration:	No. Come as you are.

Healing Hearts

Healing Hearts Ministries is a Gospel-centered, grace-driven ministry that offers Biblically based support and healing for women who have experienced trauma, abuse, grief, or the effects of past abortion. This is a group-led 11-week study that is designed to lead the brokenhearted to true hope and lasting healing through Jesus Christ.

Website:	icrossroads.org	Day:	Tuesdays
Phone:	(805) 484-8586	Time:	6pm
Address:	Crossroads Church 161 Plaza La Vista, Camarillo, CA 93010	Registration:	Yes

Recovery Ministry

Recovery Ministry exists to offer hope, healing, and restoration through Christ to those struggling with addiction. Through Biblical teaching, prayer and community support, we walk together on the journey to freedom and transformation.

Website:	icrossroads.org	Day:	Beginning Sundays, January 2026
Phone:	(805) 484-8586	Time:	1pm
Address:	Crossroads Church (Conference Rm A) 161 Plaza La Vista, Camarillo, CA 93010	Registration:	No. Come as you are.

Celebrate Recovery

Celebrate Recovery is a Christ-centered, 12-step recovery program for anyone struggling with hurts, habits, or hang-ups. This community-based program helps people experience true healing and freedom in Jesus Christ.

Website:	calvarynexus.org/celebrate-recovery	Day:	Fridays
Phone:	(805) 384-1182	Time:	7pm
Address:	Calvary Nexus (Café) 380 Mobil Ave, Camarillo, CA 93010	Registration:	No. Come as you are.

Counseling Centers

Landmark Christian Counseling

Website: landmarkchristiancounseling.com

Phone: (805) 399-0223

Address: 3625 Thousand Oaks Blvd. Suite #281,
Westlake Village, CA 91362

Office Hours: 8am – 6pm

Insurance: Yes

Consultations: Yes (free)

Resources

Prayer

- At Crossroads, we believe prayer is more than a ritual—it's a lifeline. It's how we communicate with God, seek His will, and experience His presence in our daily lives.
- If you need prayer, our prayer team is here for you. Stop by after Sunday services or submit a request here: <https://icrossroads.elexiochms.com/external/form/e01c4775-66d9-4671-9f7f-15bf662b9080>

Medical or Psychiatric Emergency

- Immediately call 911 or go to your nearest emergency room.

Suicide

- If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, call or text 988 Lifeline network. It is available 24/7 across the United States. It is free and confidential.

National Child Abuse Hotline

- (800) 422-4453

National Domestic Violence Hotline

- The National Domestic Abuse Hotline serves all those impacted by relationship abuse 24/7 confidentially.
- (800) 799-7233

Veterans Crisis Line

- Are you a Veteran in crisis or concerned about one? You're not alone. You don't have to be enrolled in VA benefits or health care to call.
- (800) 273-8255